



2021-2022 CBC SAILING INSTRUCTIONS – CBC CLUB RACES

1. CBC BOATING SUB-COMMITTEE AND APPLICATION OF SAILING INSTRUCTIONS

- 1.1 The organising authority for all races is the Clayton Bay Boat Club Inc. (CBC)
- 1.2 These Sailing Instructions will apply to all races conducted by the organising authority.
- 1.3 Additional sailing instructions may be issued for a particular series and/or a particular race within a series and such Additional Sailing Instructions are to be read in conjunction with these Sailing Instructions.
- 1.4 The Schedule of Races (the CBC Club Program) is to be read in conjunction with these Sailing Instructions.
- 1.5 All races will be governed by the rules set out in the current World Sailing Racing
- 1.6 Rules of Sailing (RRS), the current Australian Sailing Special Regulations (ASSR), these Sailing Instructions, any applicable Additional Sailing Instructions and any applicable Notice of Race.

2. ELIGIBILITY

- 2.1 There must be a “Person in Charge” of each yacht in a race. This person must be over 16 years of age unless exempted in writing by the organising authority.
- 2.2 It is not required that the Person in Charge be the helmsperson.
- 2.3 The Person in Charge of a yacht competing in CBC Club events shall be a current financial member of a Club or Association affiliated with Australian Sailing.
- 2.4 Subject to clause 2.6, all crew members must be registered sailors and financial members of a Club or Association affiliated with Australian Sailing.
- 2.5 A crew member who is not a member of a Club or Association affiliated with Australian Sailing may sail as a temporary member of CBC for a maximum of three races in a season. This changes RRS Rule 46.

3. DISCLAIMER OF LIABILITY

- 3.1 Competitors participating do so at their own risk. CBC will not be liable on any basis whatsoever for any personal injury or death or any property damage sustained or caused in conjunction with or prior to, during, or after any race or regatta.

4. INSURANCE

- 4.1 Each participating yacht shall be insured with valid third-party liability insurance, endorsed for racing, and with a minimum cover of \$10,000,000 per incident.

5. SAFETY

- 5.1 All yachts and crew must comply with and must carry the safety equipment required by or under South Australian Legislation, including the SA Harbours & Navigation Act and the Regulations made thereunder.
- 5.2 All courses are designed to keep competitors within 2NM of the shoreline to remain within the semi-protected waters as defined under the Harbours and Navigation Act 1993 SA and the Regulations made thereunder.
- 5.3 All races conducted by the CBC will be conducted as ASSR Part 1 Category 7 races. Category 7 applies to short races in sheltered waters, in daylight hours only with effective rescue availability.
- 5.4 Each competing yacht must comply with the requirements for a Category 7 race as specified in ASSR Part 1 unless exempted by Special Regulation.
- 5.5 The Australian Sailing Special Regulations including ‘2021 Part 2 Off the beach boats’ shall apply to all races involving Off The Beach Boats.
- 5.6 All competitors must wear an approved Personal Floatation Device (PFD) while afloat, except while briefly changing or adjusting clothing or personal equipment but including while proceeding to the start area and thereafter until finishing or retiring from the race and leaving the racing area. This changes RRS Rule 40 and Part 4 of the RRS Preamble.
 - 5.6.1 If an inflatable PFD is being worn, it must be worn on top of any other clothing.

- 5.7 A VHF radio is mandatory for all races, for which all or part of the course is set upstream of Goat Island (approximately 1.5 NM downstream of Rat Island; 0.5 NM upstream of Clayton Bay). A VHF radio is recommended for all other races.
- 5.8 All yachts should have clearly visible identifying sail numbers as recommended by RRS Appendix G - G2.
- 5.9 All competing yachts must carry a serviceable inboard or outboard motor mounted at all times ready for immediate use and capable of propelling the yacht into a 30-knot wind. Outboard motors may be tilted when not in use. Sufficient fuel shall be carried for a minimum of 3 hours motoring. This changes ASSR Part 1 regulations 3.24.5 (a) and (b).
- 5.10 Upon a request made in writing to the CBBC Boating Sub-Committee, the CBBC Boating Sub-Committee may grant a dispensation from clause 5.9, subject to such conditions as it deems appropriate, if it considers that a yacht is unsuitable to fit or to carry a motor as required by clause 5.9.

6. RACING

- 6.1 The Sailing Area for the organising authority to operate within are generally confined to waters of the Lower Murray from Goolwa Barrage in the west to Stony Point in the east.
- 6.2 A race will only be held provided there are at least 3 competitors.
- 6.3 A race will be postponed if the current windspeed at the scheduled briefing time of a race equals or exceeds 22knots.
- 6.4 Racing at CBBC will include the following classes of boats arranged into divisions:
 - 6.4.1 Trailer Sailers and Sports Boats – Division 1
 - 6.4.2 Off the beach dinghies – Division 2
 - 6.4.3 Multihulls – Division 3
- 6.5 The organising authority will use the list of the GRYC Mixed Fleet Ratings (MFRs) posted on the CBBC website under the “Racing” tab and the SAILWAVE NHC Personal Handicap System to calculate Division 1, Mixed Fleet Ratings results in races. The organising authority may, at its discretion, adjust the GRYC MFR ratings where it deems that unique sailing conditions exist in the Sailing Area.
- 6.6 The organising authority uses the Australian Sailing Yardsticks for Off the Beach (OTB) classes (Division 2)
- 6.7 The organising authority uses the Australian Sailing Yardsticks for Multi-hull yachts (Division 3)
- 6.8 The organising authority reserves the right to accept or reject any entry.
- 6.9 If there is any ambiguity or discrepancy between any RRS Rule, ASSR Regulation, Sailing Instruction and/or any Additional Sailing Instruction, the ambiguity or discrepancy will be resolved by the organising authority at its discretion.

7. SCHEDULE OF RACES

- 7.1 The Schedule of Races is set out in a separate Club Program published by CBBC.

8. ENTRIES

- 8.1 Yachts shall enter a race or a group of back-to-back races scheduled for the same day, using the entry form available from the CBBC website under the “Racing” tab or at CBBC.
- 8.2 Subject to meeting the eligibility requirements for a particular Division, a yacht may enter any race in a series in whichever Division it chooses. There is no requirement to stay in one Division only for a series. However, results in a specific division are not transferrable to another division.

9. DIVISIONS

- 9.1 The Divisions for racing at CBBC are those defined in clause 6.4.
- 9.2 For each series or each race not part of a series, the CBBC Boating Sub-Committee will determine which Divisions will be raced. These Divisions will be notified in the relevant Notice of Race (NOR) or posted on the CBBC website under the “Racing” tab.

- 9.3 The Divisions and Division flags for all series will be:

9.3.1 Division 1 Trailable Yachts -Numeral pennant 1



9.3.2 Division 2 Off beach yachts -Numeral pennant 2



9.3.3 Division 3 Multi-hulls -Numeral pennant 3



10. MODIFICATIONS

10.1 Subject only to the Permitted Modifications specified under the GRYC Mixed Fleet Ratings Policy, a yacht that does not comply with Class Rules or is modified in a way that may affect potential performance must notify the organising authority in writing before participating in any races, but if that has not been done before the day of a race, such notification may be made on the nomination form and brought to the attention of the Race Officer ("RO") or the Officer of the Day, at least one hour prior to the first Warning Signal of the day for any Division.

10.1.1 A Register of Modification is to be maintained by the CBBC Club Equipment Auditor.

10.2 Due to shallow waters in the racing areas, yachts are not required to comply with ASSR Part 1 Regulation 3.02.3. Nor are yachts required to comply with RRS Rule 52 as it relates to electric keel winches.

10.3 In Non-Spinnaker races, any foresail must be fixed to the forestay of the yacht, except only while a sail is being changed. In races where spinnakers are allowed, spinnakers may be attached conventionally to halyard, sheets and boom.

11. NOTICES TO COMPETITORS

11.1 Notices to competitors, and any notice or document required by the RRS or ASSR or any other rule or sailing instruction will be posted at least seven days before the day of the race on the CBBC website under the "Racing" tab or on the CBBC Notice Board.

11.2 If a notice to competitors is to be posted on a race day it will be posted on the CBBC Notice Board and brought to the attention of sailors at the Race Briefing.

12. CHANGES TO THE SAILING INSTRUCTIONS

12.1 Changes to the Sailing Instructions will be posted on the CBBC website under the "Racing" tab at least one week before the first scheduled race start for the day or may be notified at a briefing.

13. SIGNALS MADE ASHORE

13.1 Signals made ashore will be displayed on the CBBC flag mast.

13.2 When the AP is displayed ashore, "1 minute" is replaced with "not less than 30 minutes" in the Race Signals AP. This changes RRS Race Signals AP.

14. COURSES & RACE BRIEFINGS

14.1 Course diagrams and descriptions will be made available at the briefing at least 30 minutes before the first Warning Signal.

14.2 Unless otherwise determined and notified by the CBBC Boating Sub-Committee, Race Briefings will be held at the Club 30 minutes before the first Warning Signal for the first race of the day.

15. MARKS

15.1 Descriptions of marks will be provided with the course diagrams and descriptions.

16. THE START

16.1 The starting order for each Division will be announced at the Race Briefing.

16.2 Starts will use RRS Rule 26 with the warning signal made 5 minutes before the starting signal.

16.3 The Starting Signal for the previous Division will be taken as the Warning Signal for the next Division.

16.4 The starting line will be between a staff displaying an orange flag on the committee yacht at the starboard end and a buoy flying an orange flag at the port end.

16.5 Yachts whose Warning Signal has not been flown shall keep clear of both the starting area and yachts in starting sequence.

16.6 A yacht must not use its motor after its Preparatory Signal unless exempted under Clause 16.7 of these Instructions.

16.7 A yacht may use its motor after its Preparatory Signal for the purpose of proceeding towards the starting line, provided that the motor is shut off before the Starting Signal and the yacht completes one turn, including one tack and one gybe under sail alone before crossing the starting line.

16.8 A yacht not starting within 15 minutes of her Starting Signal will be scored Did Not Start (DNS).

- 16.9 When a general recall has been signalled, the recalled Division's Warning Signal will be the Starting Sequence. If more than one Division has had a general recall, they shall restart in the original starting sequence.

17. THE FINISH

- 17.1 Unless otherwise specified in Sailing Instructions or the course diagrams and descriptions, the finishing line will be the same as the starting line.
- 17.2 When shortening the course, a Code Flag S is displayed at a rounding mark (with two sound signals) and yachts should complete rounding this mark and sail directly to and cross the finish line sailing in the direction from this rounding mark. (This may mean a mark has been eliminated from the course or a leg has been made shorter). The shortened course may apply to some but not all Divisions; in which case Division flags will be flown with the S flag.

18. PENALTY SYSTEM

- 18.1 RRS Rule 44.1 is changed so that the "Two Turns Penalty" is replaced by a "One Turn Penalty" which includes one tack and 1 gybe under sail.

19. TIME LIMIT

- 19.1 Unless otherwise specified by the organising authority. in Additional Sailing Instructions, yachts finishing more than 1 hour in a Summer Series or in other race conducted by CBBC, after the 3rd yacht in the Division finishes, may be scored "Did Not Finish" (DNF).

20. RADIO COMMUNICATIONS

- 20.1 The Race Officer and the Safety Boats will monitor VHF 72 during races.
- 20.2 The Race Officer, Safety Boat Operators or the Officer of the Day may use this frequency for communications relating to the conduct of a race and/or the safety of competitors.
- 20.3 This frequency must not be used by Competitors unless assistance is being requested or withdrawal from a race is being notified or if it is necessary for the Officer of the Day to communicate with the Race Officer for any reason related to the race.

21. OUTSIDE ASSISTANCE

- 21.1 A vessel which has run aground may motor off until it reaches the point on the course where it first went aground. It must then complete one turn under sail including one tack and one gybe.
- 21.2 In an emergency and/or after an incident, the first priority of a Safety Boat or a competing vessel providing assistance is to attempt to ensure the safety of crew members, officials and other persons involved NOT YACHTS.
- 21.3 Unless a person or a vessel is unable to request consent, a Safety Boat or a competing vessel will only assist a person or vessel in difficulties with the consent of the person or the vessel's crew.
- 21.4 If a Safety Boat or a Safety Boat and a competing vessel is providing assistance, the operation will be under the control of the Safety Boat Operator. If only a competing yacht is providing assistance, the operation will be under the control of the skipper of the competing yacht providing assistance. Each person and/or yacht crew receiving assistance must comply with the directions of the Safety Boat Operator or, if no Safety Boat is involved in providing assistance, each person and/or yacht crew must comply with the directions of the skipper of the competing yacht providing assistance.
- 21.5 If assistance is refused, the Safety Boat or a competing yacht offering assistance is not required to standby but will advise of its intention to leave. If in the opinion of the Safety Boat Operator or the skipper of the competing yacht offering assistance it is safe to do so, they may, but are not required to return crews to their yachts.
- 21.6 A yacht and/or crew receiving outside help must notify the Race Officer with details of the incident as soon as possible after the race. Yachts which fail to notify or gain a material advantage in the race from this incident may be protested and penalised. Any penalty may be less than disqualification. This changes RRS Rule 41.

22. RETIREMENT

22.1 A yacht retiring from a race shall notify the Race Officer as soon as possible by radio VHF Channel 72.

23. SCORING

23.1 Unless otherwise specified in the relevant Notice of Race, results will be based on corrected times using the following:

23.2 Trailable Yachts – Sailwave NHC Personal Handicap System and GRYC Mixed Fleet Ratings.

23.3 Off The Beach (OTB) and Multihulls – the current Australian Sailing Yardsticks

23.3.1 Where a OTB or Multi-hull yacht has a MFR rating this may be used by the scorers instead of the AS Yardstick

23.4 The person in charge of a visiting yacht is eligible to win prizes for individual races, but not points towards CBBC Club Series results.

23.5 The “Race Result Discard System” for Yachts in determining Series Results is as follows:

23.5.1 When four (4) or less series races have been completed, a yacht’s series score will be the total of her race scores;

23.5.2 When five (5) or six (6) series races have been completed, a yacht’s series score will be the total of her race scores excluding her worst score;

23.5.3 When seven (7) or more series races have been completed, a yacht’s series score will be the total of her race scores excluding her two worst scores.

23.6 If there are 1 or more finishers in a division in any race, the scores from that race will be included in the calculation of the series result.

23.7 Unless the CBBC Boating Sub-Committee determines otherwise for a particular series to be eligible for a series prize a yacht must have completed two races in the series.

23.8 Unless the CBBC Boating Sub-Committee decides otherwise, if only 3 or less series races in a division are completed in any Series, there will not be a series result for that Division.

24. PROTESTS AND REQUESTS FOR REDRESS

24.1 Unless it is impossible to do so, the protest flag must be flown as soon as practicable.

24.2 Protests or requests for redress or reopening must be lodged in accordance with RRS Part 5 and the written form handed to a representative of the CBBC Boating Sub-Committee or the RO within 45 minutes after the protesting yacht finished the last race of the day.

24.3 Protest forms are available from the CBBC Boating Sub-Committee.

24.4 Protest hearings may not necessarily be held on the day of the race but will be heard at CBBC as soon as practicable thereafter at a date and time determined by the CBBC Boating Sub-Committee.

25. ARBITRATION

25.1 At the discretion of the organising authority an arbitration hearing may be conducted pursuant to RRS Appendix T for protests lodged in accordance with RRS 61 which allege an infringement of a rule of Part 2 or 4 or RRS 31. Such hearings will be held subsequent to the protest being lodged and prior to a protest hearing.

25.2 The time and place of the arbitration hearing will be decided by the arbitrator and such advice will be given verbally. One representative from each yacht shall attend the arbitration hearing and no witnesses will be allowed. The arbitrator shall decide the manner in which testimony is given.

25.3 After taking testimony at an arbitration hearing the arbitrator shall make one of the following conclusions:

25.3.1 protest does not comply with RRS 61 and the protestor may withdraw the protest;

25.3.2 The protest will proceed to a protest hearing. (This may be because rules other than Part 2 or 4 or RRS 31 are involved, or because evidence is too complex or divergent to reach a reasonable and timely conclusion, or due to the apparent severity of the alleged incident or any other reason decided by the arbitrator);

25.3.3 No rule was broken and the protestor may withdraw the protest; or

25.3.4 A rule was broken by one or more yachts involved and the infringing yacht(s) may accept a time penalty of 10% and the race result adjusted accordingly and, if such a penalty and adjusted result is accepted by the protestee, the protestor shall withdraw the protest but, if such a penalty and adjusted result is not accepted by the protestee the protest will proceed to a hearing of the Protest Committee. This changes RRS 63.1.

25.4 An arbitration hearing will not be reopened. No conclusion of an arbitrator can be subject to appeal or be grounds for redress.

26. PRIZES

26.1 Unless otherwise specified in a particular Notice of Race and subject to clause 27.3, prizes for each race and series in each Division will be awarded as follows:

26.2 For each Series – 1st, 2nd and 3rd on Performance Handicap.

26.3 Unless otherwise specified in a relevant Notice of Race and subject to the discretion of the CBBC Boating Sub-Committee, the award of prizes for each race or series will be subject to the following conditions:

26.3.1 If there are 3, 4 or 5 starters in a division in a race or only 1, 2 or 3 yachts that qualify for a series result in a division – only a 1st prize will be awarded; and

26.3.2 If there are at least 6 starters in a division in a race or at least 4 yachts that qualify for a series result in a division – 1st, 2nd and 3rd prizes will be awarded

26.3.3 Prizes for individual races will be presented at the conclusion of each race.

26.4 Unless otherwise specified in a relevant Notice of Race or as determined by the organising authority, the Prizes for all series will be presented at the following times:

26.5 At the annual Presentation Dinner

26.6 Other prizes may be awarded at the discretion of the organising authority to:

26.6.1 Club Champion (CBBC Members Only)

26.6.2 Long Series

26.6.3 Sprint Series

26.6.4 Dave Stanbridge Trophy

26.6.5 Most Improved (CBBC Members Only)