



**CLAYTON BAY BOAT CLUB
2018-2019 SEASON
SAILING INSTRUCTIONS
EFFECTIVE FROM 1st OCTOBER, 2018**

1. GENERAL

- 1.1. Races of the Clayton Bay Boat Club Inc (CBC) shall be conducted under the Organising Authority of the CBC Race Committee, in the waters of the Lower Murray River and Lake Alexandrina. The Principal Race Officer (PRO) or the Race Committee as appointed by the Organising Authority shall have full control of each event conducted by the CBC.
- 1.2. These Sailing Instructions cover all races associated with the CBC including but not limited to, the Rat Race Regatta, Red Top Regatta (Long & Sprint) and Dinghy Series.
- 1.3. A program of races issued by the CBC shall be read in conjunction with, and shall form part of these Sailing Instructions.
- 1.4. Competitors participate in CBC events and all other events conducted, organized and run or assisted by CBC entirely at their own risk. The organizing authority and its officers will not accept any liability for material damage/loss, personal injury incl death, or any other loss associated with competing in, prior to, during or after any event organized by it. By competing you are agreeing to this.
- 1.5. A race generally will only be held when there are 3 or more competitors.

2. RULES

- 2.1. The racing shall be governed by the current World Sailing Racing Rules of Sailing (Referenced as the Rules and RRS elsewhere in these Sailing Instructions), except as altered by these Sailing Instructions.
- 2.2. A yacht shall have on board a person in charge (the skipper), designated on the entry form.
- 2.3. All crew members of all yachts shall wear an approved Personal Floatation Device from the making of their class Warning Signal until finishing or retiring from the race and leaving the racing area.
- 2.4. If wearing an inflatable type PDF it must be worn on top of all other clothing. It is also recommended that a crutch strap be fitted to and used on this type of PDF.
- 2.5. All yachts shall observe all South Australian statutory requirements, as amended, which cover sailing craft, the classification of waters in which they are sailing and the mandatory equipment that must be carried and worn. It is a condition of your entry in any CBC event that these requirements will be met at all times, you may be required by CBC race committee to provide proof of compliance. Failure to do so upon request will result in no subsequent results being recorded until such requirements are met.

Please refer to Special Regulations Part 1 page 14 section 2.02 Inspection and Monitoring requirements.

- 2.6. General information regarding boating requirements can be found at www.sa.gov.au and specific checklists at this site within the downloadable 'South Australian Boating Safety Handbook' pg 43. Also 'Australian Sailing 2017-2020 Blue e-Book Special Regulations Part 2 for Off The Beach Yachts'. All members are encouraged to download and familiarize themselves with these resources.
- 2.7. The CBBC sign on sheet will include a section indicating your full compliance at all times whilst on the water with these sailing instructions, 2.5 and 7.1.
- 2.8. All yachts competing (except those classified as "off the beach" boats, ie dinghies), shall carry a serviceable inboard/outboard motor capable of propelling the yacht into a 30 knot wind, mounted at all times ready for immediate use. Outboard motors may be tilted when not in use. Sufficient fuel shall be carried for a minimum of 1 hour motoring.
- 2.9. A class of yacht considered unsuitable to fit a motor may be granted dispensation by the PRO, this must be applied for and received in writing. Notice of such dispensation shall be displayed on the club notice board. You will be expected to sign a suitable disclaimer.
- 2.10. A yacht that does not comply with Class Rules or is modified from the original class design, including sails, shall notify the PRO providing details of the modification/s on the CBBC Race Nomination form. Handicap variation if any, will be decided by the Organising Authority and is final.
- 2.11. Due to shallow waters in the racing areas, yachts are not required to comply with Australian Sailing 2017-2020 Special Regulation 3.02.3. Nor are yachts required to comply with Rule 52 as it relates to electric keel winches.
- 2.12. The applicable safety regulations are as defined in Australian Sailing Special Regulations Part 1 Section 2. CBBC Club Races will generally be classified as Category 6, races where any part of the course is east of Stony Point will be classified as Category 5.
- 2.13. Special attention is drawn to Australian Sailing 2017-2020 Racing Rules of Sailing part 1 fundamental rules; particularly, but not exclusively, rule 4, which reads "the responsibility for a boat's decision to participate in a race or to continue racing is hers alone".
- 2.14. Rule 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

3. NOTICES TO COMPETITORS

- 3.1. Notices to competitors will be posted on the official notice board located in the Clayton Bay Boat Club premises and/or announced at the Competitor Race Briefing thirty minutes before the warning signal for the race.

4. CHANGES TO SAILING INSTRUCTIONS

- 4.1. Changes to the sailing instructions will be announced at the Competitor Race Briefing and posted on the club notice board.

5. SIGNALS MADE ASHORE

- 5.1. Signals made ashore will be displayed from the mast of the Clayton Bay Boat Club.
- 5.2. Code flag "AP", Answering Pennant, over a numeral pennant 1-6 (n), with two sound signals means "The race is postponed for (n) hours". The end of the postponement will be signaled by lowering Code.

- 5.3. Code Flag 'AP'. The starting sequence will commence not less than 30 minutes after the termination of the postponement..

6. NOMINATIONS

- 6.1. The skipper of all yachts competing in CBBC Club events shall be a current financial Senior Member of the Clayton Bay Boat Club, except as provided under 3.4.
- 6.2. All crew members shall be registered sailors and financial members of a Club or Association affiliated with Yachting South Australia or Yachting Australia. Dispensation shall only be allowed for crew who are not registered sailors and financial members of a recognized organisation at the absolute discretion of the Organising Authority. Dispensation for each crew member will normally be given only for four races in a season.
- 6.3. A yacht will be considered to be the yacht and skipper combination. When the skipper of a yacht changes, this shall be made clear on the nomination form and the yacht shall be recorded as a new entry in the series.
- 6.4. Visiting yachts shall comply with Rule 46 which prescribes that the skipper shall be a financial member of a sailing club affiliated with Yachting Australia or an ISAF recognized national authority.
- 6.5. Visiting yachts are eligible for trophies referred to in 22.1, 22.2 and 22.3 i.e. trophies awarded for each race at the conclusion of the race.
- 6.6. All yachts shall nominate before each race using the designated form available in the CBBC Clubhouse. The yacht skipper shall complete a nomination form, sign the intention to start and pay the appropriate fee. Failure to nominate will mean that the yacht shall rank as a Non-Starter.
- 6.7. On return to the shore or on retirement each skipper shall sign off to indicate their safe return to shore, failure to sign off within the protest time limit may result in a 10% time penalty being applied to their elapsed time.

7. INSURANCE

- 7.1. All yachts shall have current third party insurance for yacht racing and public liability cover of not less than \$5,000,000 (\$10,000,000 recommended).

8. COURSES

- 8.1. Course information will be available at the CBBC Briefing at least 30 mins before the warning signal of the start.

9. MARKS

- 9.1. Course rounding marks may be orange/yellow/pink inflatable buoys or flags and must be rounded as specified on the course information issued by the Organising Authority.

10. OBSTRUCTIONS

- 10.1. All channel markers whilst racing can be considered obstructions.

11. SHORTENED COURSE

- 11.1. The Course may be shortened in accordance with RRS 32. The decision to shorten a course will be at the discretion of the PRO or Race Committee. In the event of a shortened course, Code Flag 'S' will be displayed on the committee boat or official

- safety boat, at a course rounding mark, together with two sound signals, indicating that the finish will be between the Course Rounding Mark and the Committee Boat.
- 11.2. Alternatively an S flag may be placed at a rounding mark indicating the course has been shortened. Yachts should sail directly from this rounding mark through the finish line (the direction through the finish line may differ from that indicated on the course drawing). This may mean a mark has been eliminated from the course or a leg has been made shorter. A sound signal may be made as the first yacht approaches the S flag and may be repeated as subsequent boats approach.
 - 11.3. The position of the Course Rounding Marks may be varied, to compensate for weather conditions.

12. THE START

- 12.1. The starting line will generally be between the mast on the committee vessel flying an orange flag and a buoy flying an orange flag unless indicated otherwise at briefing. The committee vessel will generally be on the starboard end of the line.
- 12.2. Boats whose warning signal has not been made shall avoid the starting area during the start sequence for other races.
- 12.3. The starting system described in RRS 26 shall be used.
 - 12.3.1. 5 minutes prior to the starting signal, Warning Signal, Division Flag, 1 sound signal.
 - 12.3.2. 4 minutes prior to the starting signal, Preparatory Signal, P Flag, 1 sound signal.
 - 12.3.3. 1 minute prior to the starting signal, Preparatory Flag removed, 1 long sound signal.
 - 12.3.4. 0 minutes prior to the starting signal, Division Flag removed, 1 sound signal.
- 12.4. The warning signal for each succeeding division will be approx. 1 minute after the starting signal of the preceding division.
- 12.5. Yachts whose division flag has not been flown shall keep clear of both the starting area and of all yachts whose division signal is being flown. Failure to comply may result in disqualification.

13. THE FINISH

- 13.1. The finish will be as indicated on the course board during briefing.

14. RETIREMENTS

- 14.1. Competitors who have retired from or do not finish a race are requested to, as soon as practicable, notify the PRO by radio VHF Channel 72, 27 Meg Channel 94 or at the CBBC on 85370375.

15. DIVISIONS

- 15.1. Each yacht must sail in one selected Division for the duration of a series such as the Rat Race Regatta etc.

16. TIME LIMIT

- 16.1. Unless otherwise specified by the PRO prior, yachts finishing more than 75min after the 1st yacht in the Division finishes for Red Top Long and Sprint Series, shall be scored "Did not finish" (DNF) without a hearing. This changes RRS 35, A4 and A5.
- 16.2. Time limits for Red Top Long and Sprint Series will be 3.0hrs and 2.5hrs respectively.

- 16.3. Rat Race Saturday and Sunday event time limits will be 3.0hrs. These limits will be extended as required only by the provisions of 16.1 .
- 16.4. For specific passage races run by CBBC eg Clayton to Narrung the time limit unless specified otherwise at briefing will be 2hrs before sunset. This will allow competitors and officials sufficient time to reach a safe mooring in daylight.
- 16.5. Failure to meet the time limit will not be grounds for redress, this changes RRS 62.1(a).

17. LATE START

- 17.1. A yacht may use its engine after its preparatory signal for the purpose of proceeding towards the starting line, providing that the engine is shut off before the starting signal and the yacht completes a 360 degree turn including one tack and one gybe under sail before crossing the starting line.
- 17.2. A boat that has not started within fifteen minutes of her starting signal will be scored Did Not Start without a hearing. This changes RRS A4 and A5.

18. RECALLS

- 18.1. Recalls will be signaled in accordance with RRS 29. Recall Signals will be displayed for approx. 4 minutes.
- 18.2. Where more than one division are racing and a general recall has been signaled, the warning signal for the recalled Division shall be after the last Division has cleared the starting area. If more than 1 Division has had a general recall, they shall restart in the sequence as set out initially.

19. PROTESTS

- 19.1. Protests shall be lodged in accordance with RRS 60.
- 19.2. Protests shall be written on forms available from the PRO and must be lodged with the PRO or a designated member of the Race Committee within 2 hours of the finishing time of the last yacht in the last race of the day.

20. ALTERNATIVE PENALTIES

- 20.1. The penalty for breaking rules of part 2 of the RRS will be a continuous 360 turn involving 1 tack and 1 gybe. This changes the 720-degree turn penalty described in RRS 44.1 and 44.2.

21. RESULTS

- 21.1. Results for Trailable Yachts and Sports Boats for specific events eg Rat Race will be calculated using the Performance Based Handicap multiplied by the yacht's elapsed time to provide a corrected time. The Organising Authority reserves the right to make adjustments to the PBH values for particular Classes or individually modified vessels to promote fair and even racing.
- 21.2. Performance Based Handicap results for Red Top Long and Sprint Series events will be calculated using Sailwave and will be applicable only to CBBC members or visiting competitors who indicate they intend to compete in a whole series. The performance based handicap system allows for different skill levels between crews and modified vessels to compete fairly. The performance handicap for each boat and skipper combination will be carried forward from the end of the previous race to the start of the next. A boats handicap under Performance Handicap may be adjusted after every race. An adjustment in handicap number is not grounds for redress, this changes RRS 62.

- 21.3. Off the beach (OTB) yacht results will be calculated initially using the current assigned standard Yardsticks as published by Yachting Victoria. This handicap rating will be modified for subsequent races by Sailwave Software or the handicapper as they see fit to provide a fair reflection of a boats true performance.
- 21.4. For OTB yachts and specific to the Rat Race series, substitution of competitors or crew will not be allowed without a prior written application to the race committee stating reasons for the change.

22. SCORING AND TROPHIES

- 22.1. Trophy allocation for each race and for each series will be subject to the following conditions:
 - 22.1.1. Less than 3 starters in a division No trophies awarded.
 - 22.1.2. 3 to 5 starters, First place only.
 - 22.1.3. 6 to 8 starters, First and second places.
 - 22.1.4. More than 8, First second and third places.
- 22.2. Trophies will be awarded for each race at the conclusion of the race.
- 22.3. Trophies for each race will be awarded for Personal/Performance Handicap results except for the Rat Race Regatta which may be decided by PBH or CBH as the RC see fit.
- 22.4. Trophies for aggregate results in each series will be presented at the conclusion of the last race of the series, or at a later date announced at the conclusion of the last race.
- 22.5. Discard System for Red Top Sprint/Longa and Dinghy Series.
 - 22.5.1. A minimum of 3 races is required to constitute a series.
 - 22.5.2. When 4, 5 or 6 races have been completed there will be 1 drop.
 - 22.5.3. If more than 7 races are completed there will be 2 drops.
- 22.6. Series trophies will be awarded for first, second and third places on Performance Handicap (NHC).

23. RADIO COMMUNICATIONS

- 23.1. The Race Committee and the Rescue Fleet will monitor VHF 72 during races. All boats participating in CBBC events are required to have on board a working VHF radio and monitor this frequency at all times.
- 23.2. Except in an emergency a boat that is racing shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

24. USE OF MOTOR AFTER RUNNING AGROUND

- 24.1. A yacht which has run aground may motor off until it reaches the point on the course where it first went aground. It must then complete a 360 degree turn under sail including one tack and one gybe.

25. WIND LIMITS

- 25.1. A race may not be started if the recorded wind strength for a sustained period is greater than 22 knots or if the PRO/RC decide the conditions are or may become unsafe. All competitors are reminded of the fundamental rule 4.
- 25.2. The Organising Authority may change this limit at their discretion due to conditions or safety boat capability.
- 25.3. Should multiple forecasts indicate conditions exceeding or likely to exceed 25kts during race times the organizing authority may cancel or postpone events the evening prior to such events. This decision will be circulated via CBBC communicator.

26. HOT WEATHER POLICY

- 26.1. If the local temperature, as recorded at the BOM Hindmarsh Island, is greater than 38deg. The Organising Authority may postpone the race at their discretion.

27. BOAT STORAGE

- 27.1. All boats stored at CBBC grounds, adjacent parks and moored locally for any events are done so completely at the owner's risk.